

Task Chair with Headrest



2 People
Recommended



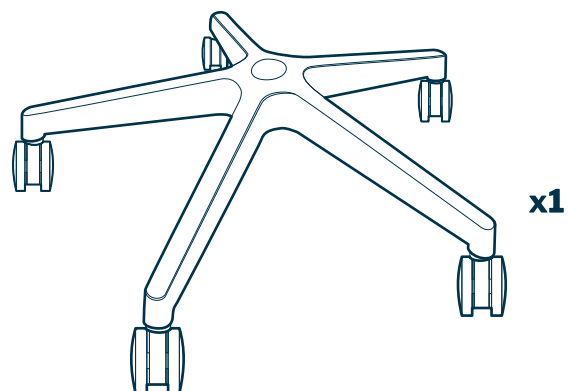
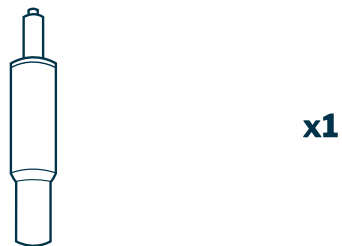
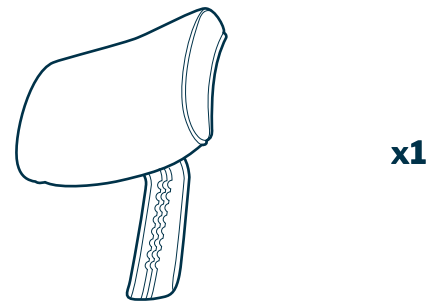
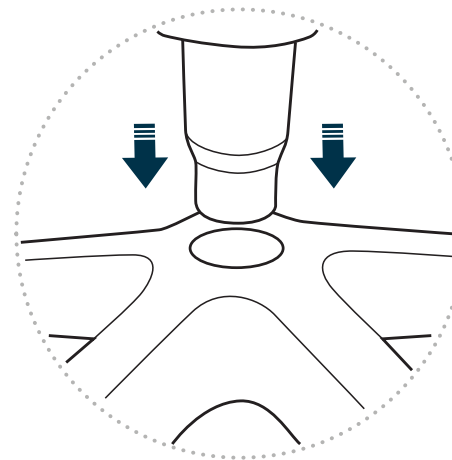
No Tools
Required



Holds up to
300 lb (136 kg)

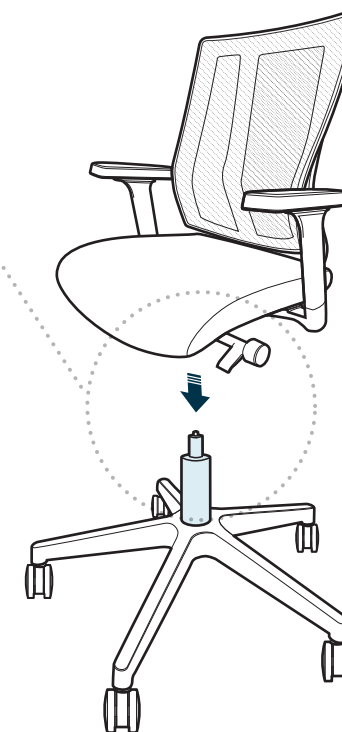
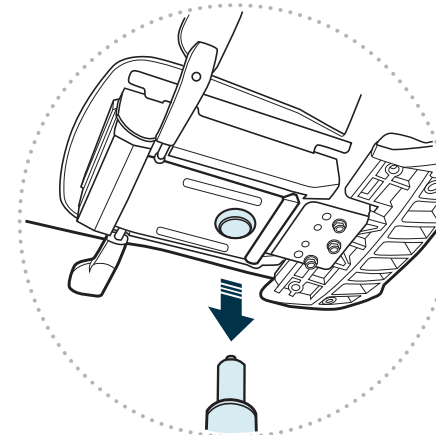
vari®

1



Remove the chair, air piston, and base from the packaging. Insert the piston into the base in the orientation shown with the large end down.

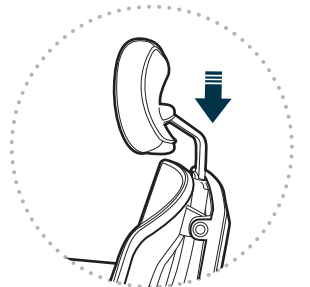
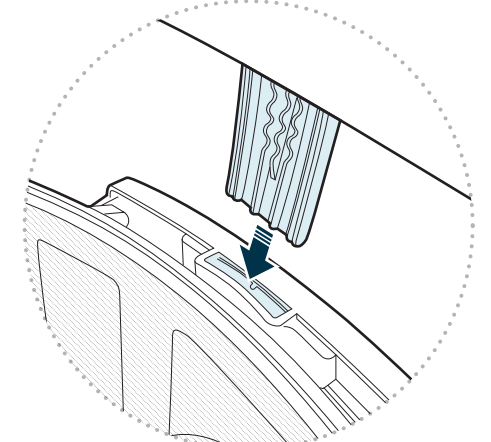
2



Line up the hole underneath the seat with the top of the piston and base assembly. With another person's assistance, carefully lower the chair back onto the piston. Using even pressure, press down firmly on the seat cushion a few times to ensure the seat is fully engaged with the piston.

Once assembled, do not attempt to disassemble the chair, as doing so could damage the product.

3

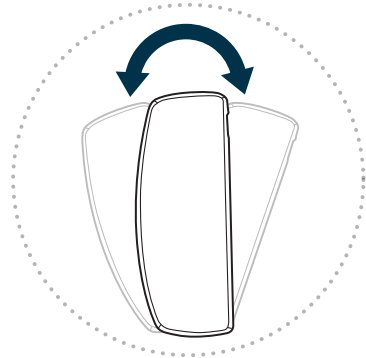


To attach the headrest, insert the bottom of the headrest into the top of the chair and press firmly to secure.

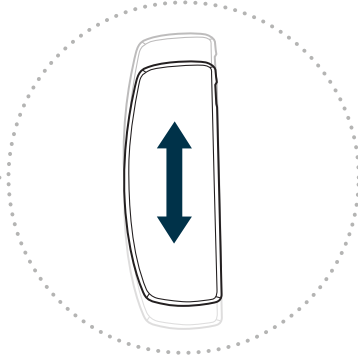


WARNING: To prevent injuries and product failure, do not use this chair for standing, climbing, or leaning. Do not use if the chair is damaged or incorrectly assembled.

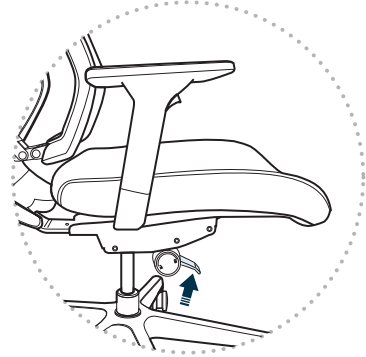
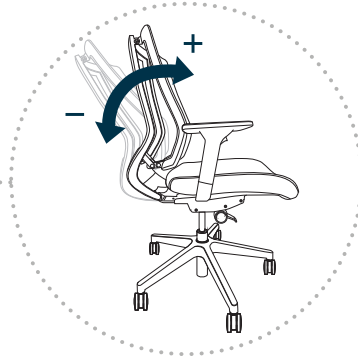
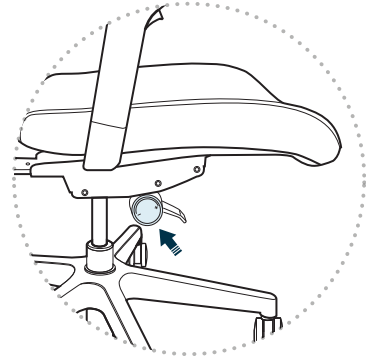
Adjustment Settings



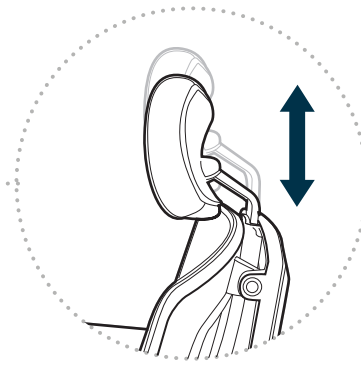
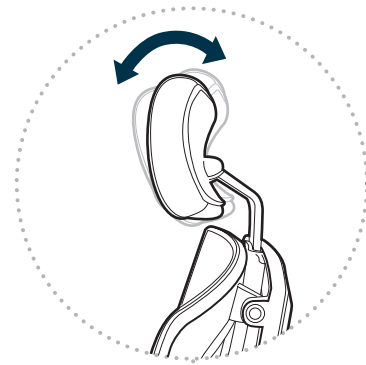
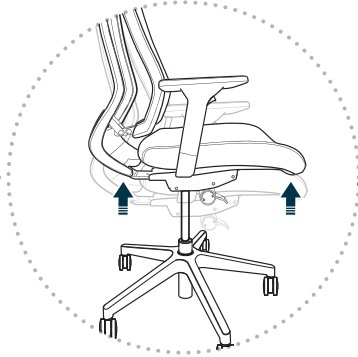
To angle the arms or slide arms from front to back, push arms accordingly.



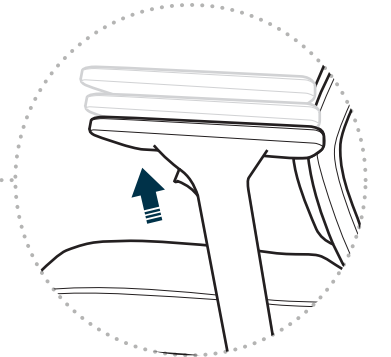
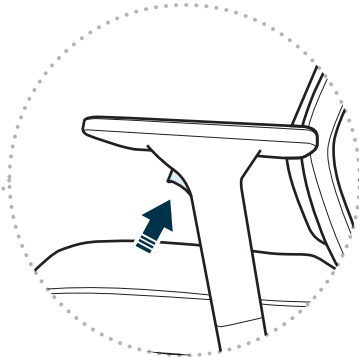
To adjust how easily the backrest reclines, turn the knob on the right side forward to increase the tension and backwards to decrease the tension.



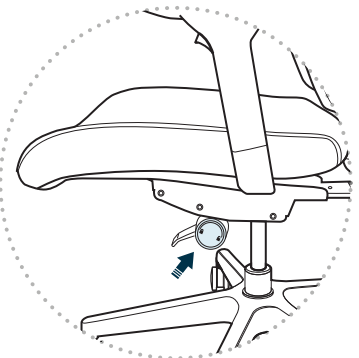
To adjust seat height, use the lever under the right side of the chair seat.



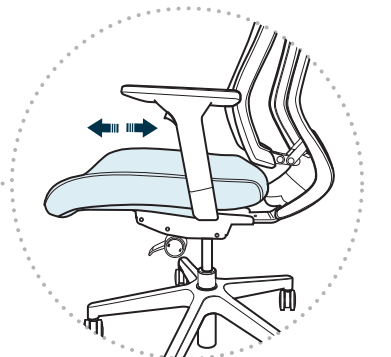
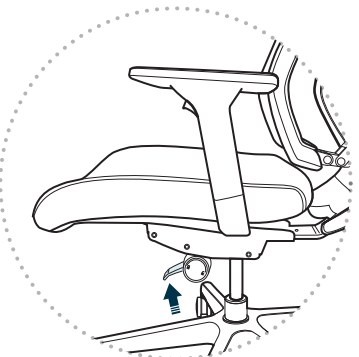
To adjust the headrest's angle, tilt back or forward.
To adjust the headrest height, gently pull up to raise and push down to lower.



To adjust arm height, use the button under the armrest and pull up or push down.



To allow the backrest to recline, turn the knob on the left side to the unlocked position. To prevent the backrest from reclining, turn the knob to the locked position.



To adjust position of cushioned seat, use the lever on the left and pull the seat forward or push it back.

