

The ActiveMat® Groove



The ActiveMat® Groove combines the comfort and support of our popular anti-fatigue mats with a center groove that holds a roller ball, letting users fidget, flex, and roll while they work. The movement can also help to stimulate circulation and relieve stress while sitting or standing, and it comes with 3 balls of varying firmness, so users can tailor it to their needs.

- Beveled, No-Curl Edges
- Durable, High-Density Core
- Supports Feet, Knees, Hips, and Back
- Soft, Medium, and Firm Roller Balls Included
- Engages Different Muscles While Standing

