

Essential Task Chair

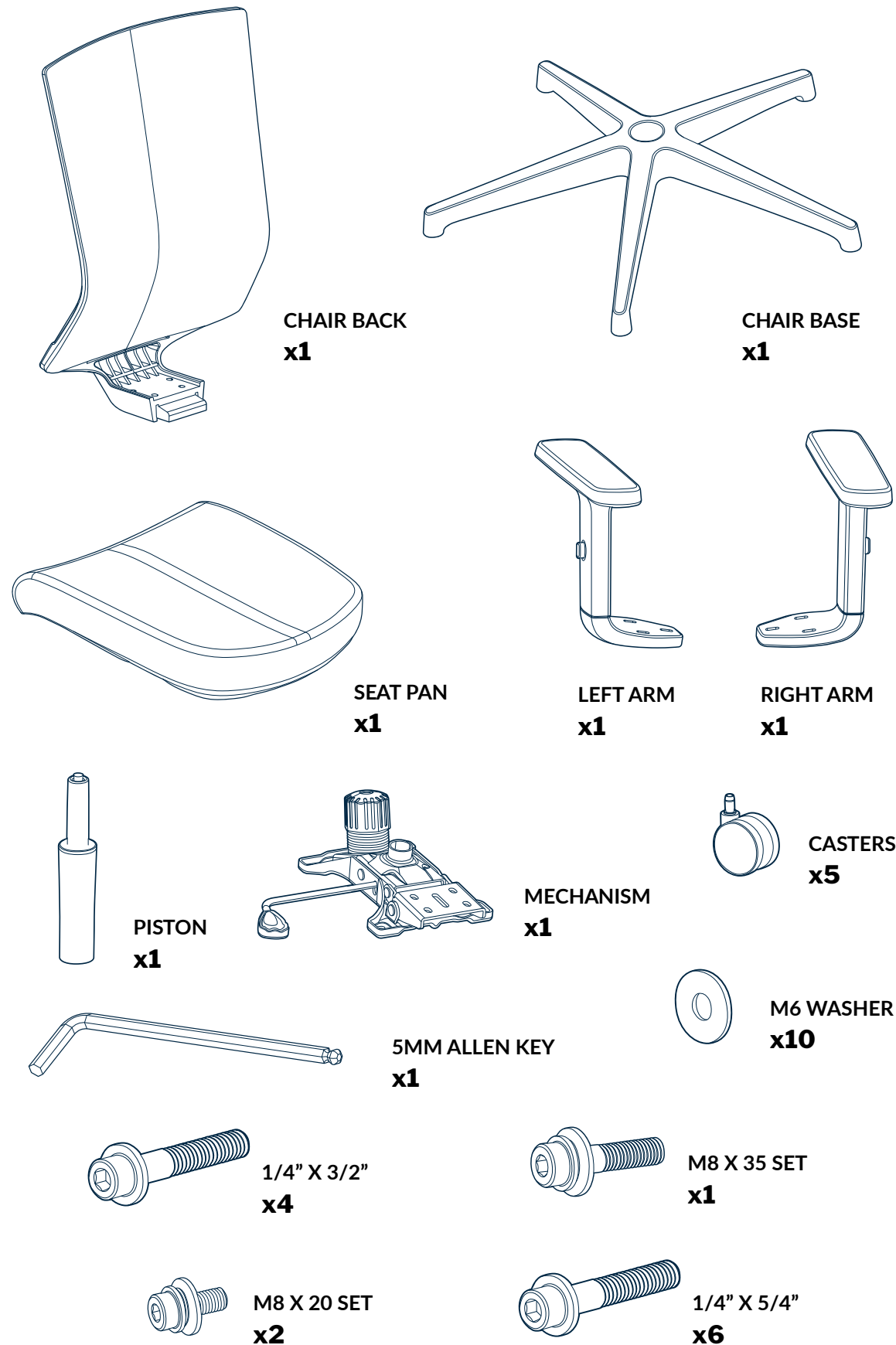


2 People
Recommended

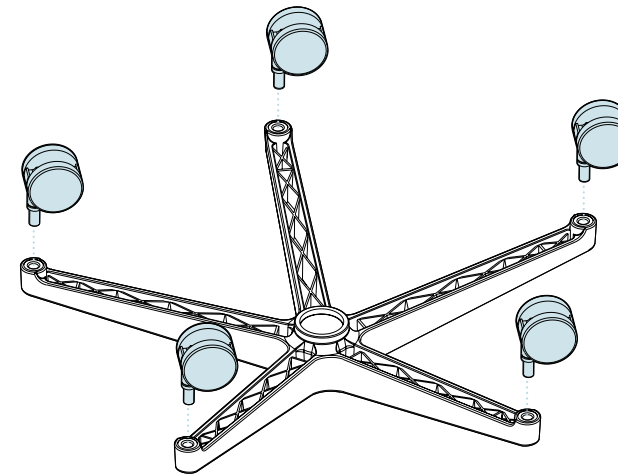


Holds up to
275 lb (125 kg)

vari[®]

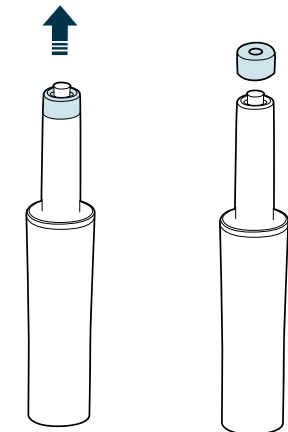


1



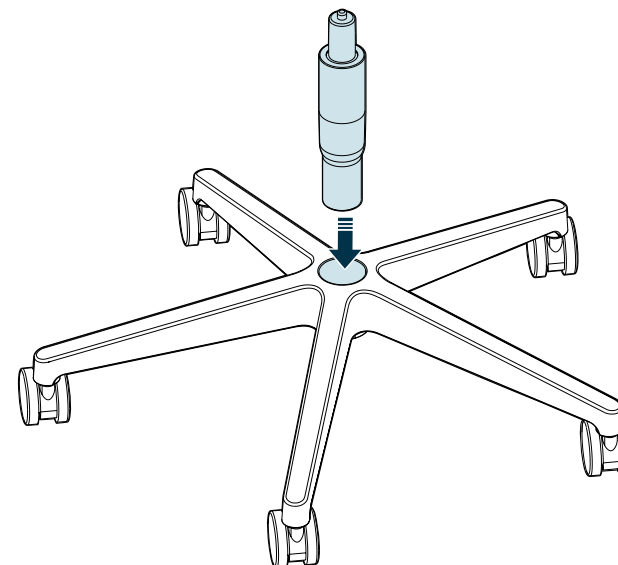
Insert the five **CASTERS** into the **CHAIR BASE** until they snap into place. Once attached, flip the base over.

2



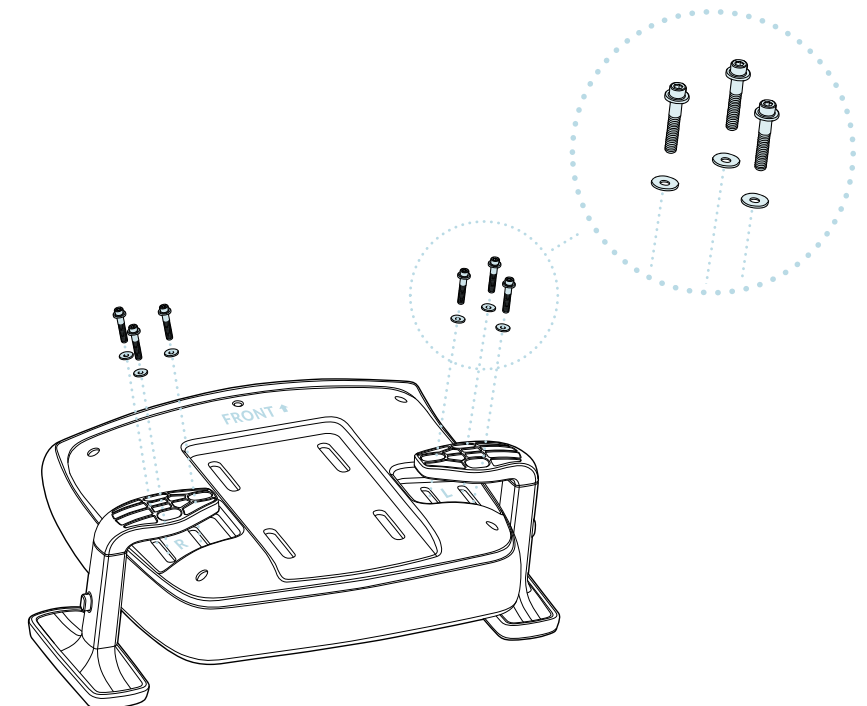
Remove the red plastic and red protective cap from the smaller end of the piston. Once the chair is assembled, the cap is no longer needed and can be discarded.

3



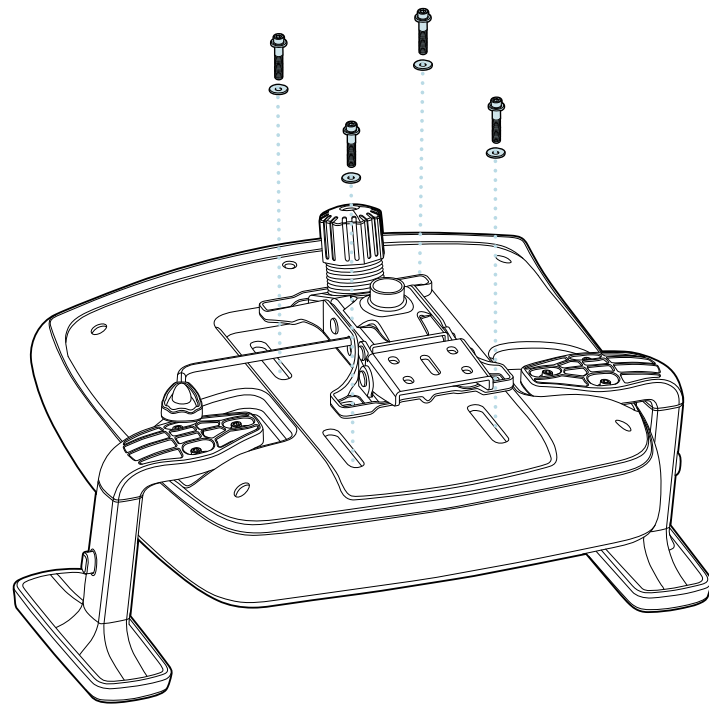
After removing the cap, lower the larger end of the **PISTON** into the center of the base until it is secure.

4



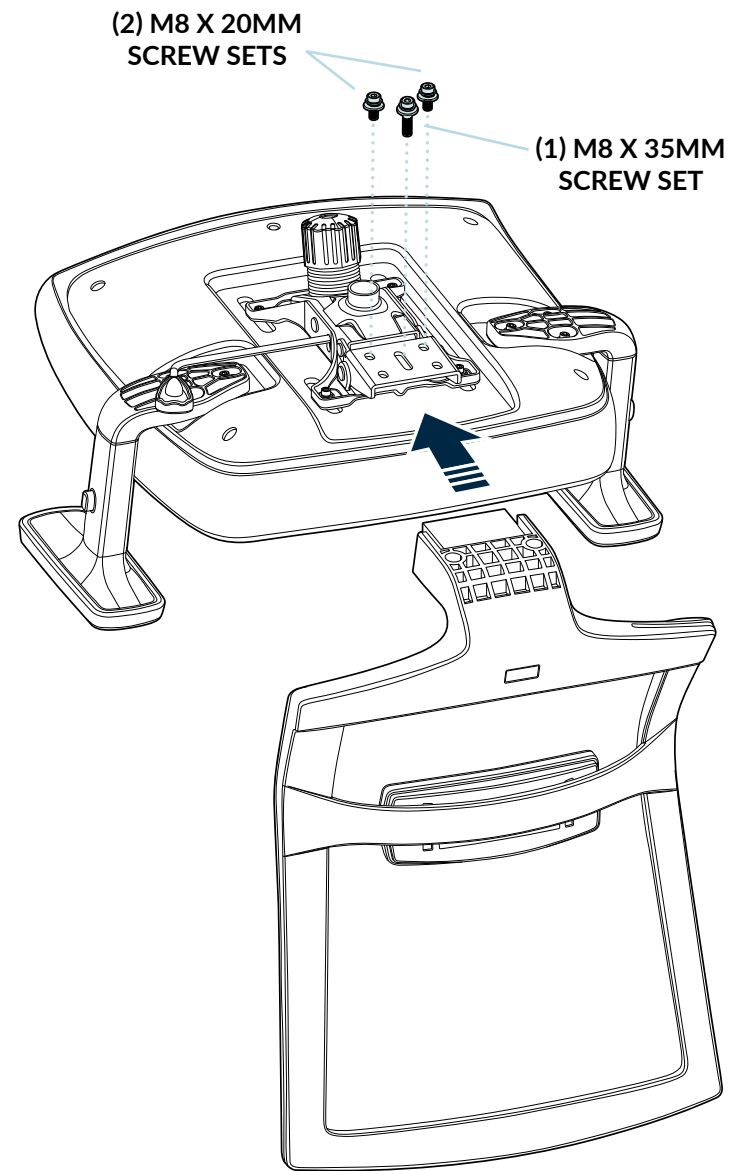
With the seat pan upside down, align the arm mounting holes with the holes on the seat pan. Noting the L and R marks on the seat pan and arms, ensure the chair arms are on the correct sides; the longer underside of the chair arm should be pointing toward the front of the seat pan (marked with an arrow). Bolting the arms on, using the **SIX (6) M6 WASHERS** and **1/4" X 5/4" SCREWS** and **ALLEN KEY** to secure them.

5



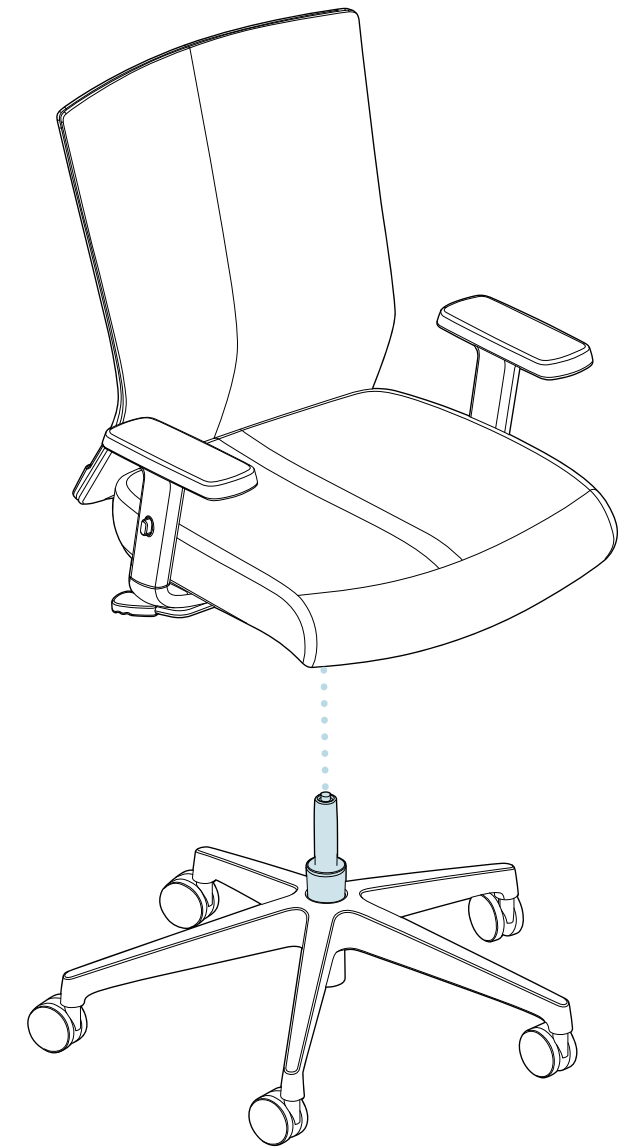
Align the Mechanism mounting holes with the holes on the seat pan. Using the **FOUR (4) M6 WASHERS** and **1/4" X 3/2" SCREWS** and **ALLEN KEY** to secure them.

6



Slide the chair back onto the seat pan and align mounting holes. Use the **ONE (1) M8 X 35MM SCREW SET** and **TWO (2) M8 X 20MM SCREW SETS** and **ALLEN KEY** to secure the chair back.

7

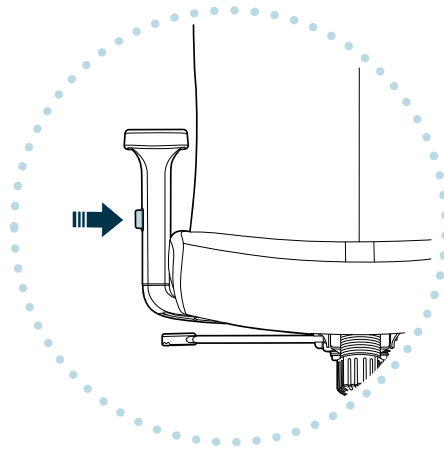


Lastly, take the assembled chair seat and place it on the piston that is attached to the base.

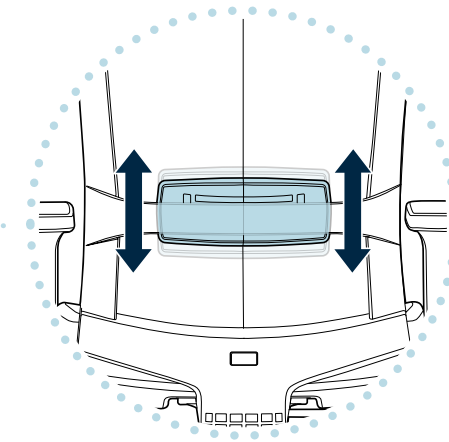
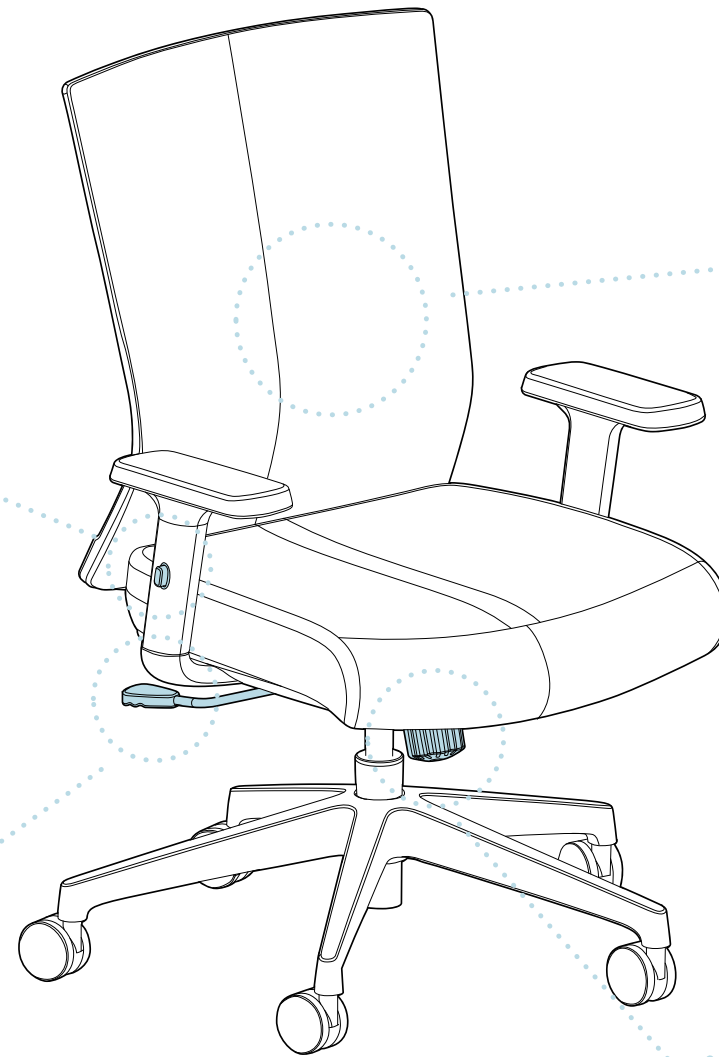


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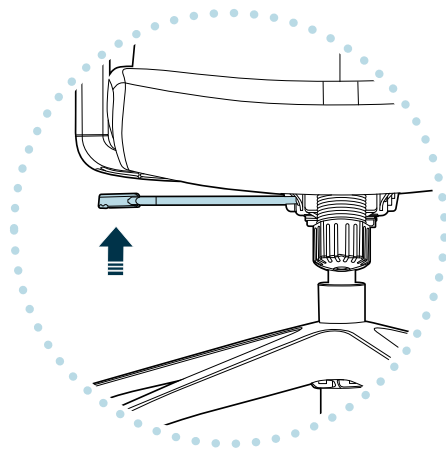
Functions



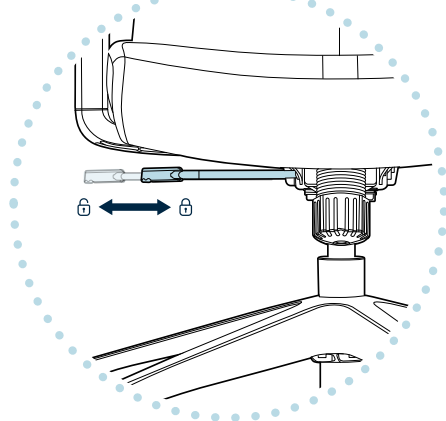
To adjust arm height, press and hold button on the outside of the arms. Lift or lower the arms and release the button once at the desired height.



To adjust lumbar support, push the support up or down accordingly.



To adjust seat height, use the rear lever under the right side of the chair seat. This lever can also be pushed in to lock the backrest's angle or pulled out to allow the backrest to recline.



To adjust how easily the backrest reclines, turn the knob clockwise to increase tension and counter clockwise to decrease tension.

